By: Wanem Club

Pearly Penile Papules

Information and Treatment

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Preface

This project work was done to fulfill the partial requirement and knowledge among the people related to genital diseases. We are delighted to present the project work about the topic of Pearly Penile Papules disease.

Through this project many people develop self-awareness regarding Pearly Penile Papules disease which is one of the mostly appearance disease of genital areas. We have worked for many days to know more about this disease deeply. We have done our best for this project so that people can get good benefit from this project. Learning objectives of each page are listed with prominence and appropriate formatting to highlight their significance.

The student will be most willing to give time and effort to a topic when they believe that it is relevant to their health issues and future. For each and every terminology of practical concept illustrations are provided.

This project includes materials, which are appropriate to the interest of the students; provide them opportunities to gain valuable information. We hope the project will be useful for students and those who want to learn about this health issue. We will be grateful to students and individual people for any suggestion for further improvement.

Acknowledgement

We shall express our gratitude to our friends and all colleagues who helped, encouraged and inspired us directly or indirectly by providing valuable suggestion and information regarding this project. We are especially thankful to many researcher for their encouragement and support to build this project in this platform. We would also like to acknowledge and thanks to many email friends for their constructive help in bringing out this project in this form.

We feel very pleasure to present this project for students and for those who want to know more about this health issues. It was very challenging for us to build this project in this form. Even though, our best efforts are directed to standard of the project and errorless. Some error may still exist, so comments and suggestion for the improvement of the project will be highly appreciated and accepted.

Lastly, I would like to thanks all individual who have supported and encouraged for the development of this project.

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Introduction to Pearly Penile Papules

Pearly penile papules are small pink-white growths that develop around the head of the penis. The skin around the penis is delicate and prone to issues that may be a bit embarrassing for most men. This is why many men who suffer from these issues don't get the medical help they need. It is common for many men to try to treat themselves at home, which is effective in some cases. Pearly Penile Papules are small protuberances that may form on the ridge of the glans of the human penis.

They are a normal anatomical variation in humans and are sometimes described as vestigial remnants of penile spines, sensitive features found in the same location in other primates. In species in which penile spines are expressed, as well as in humans who have them, the spines are thought to contribute to sexual pleasure and quicker orgasms. It has been theorized that pearly penile papules stimulate the female vagina during sexual intercourse. In addition, pearly penile papules secrete oil that moistens the glans of the penis.

The papules appear as one or several rows of small, pearly or flesh-colored, smooth, dome-topped bumps situated circumferentially around the corona or sulcus of the glans. They may range in size from less than 1 mm to 3 mm. As of 1999, different studies have produced estimates of incidence ranging from 8 to 48 percent of all men. Studies suggest that it occurs more often on younger boy or men and those who have not been circumcised. One study found them in 33.3% of males who had not been circumcised and in 7.1% of males who were circumcised.

What are Pearly Penile Papules?

PPPs (Hirsuties coronae glandis) are often found just around the head of the penis. These pearly papules are sometimes hidden under the foreskin and pulling the foreskin back can reveal them to be small spots that are either the color of the skin or white.

They most commonly appear in a row, somewhat like a string of pearls, which is why they are called pearly papules. Men who've suffered from this skin ailment know these papules look gruesome and tend to worry about their sexual health. However, the papules are fairly common and hardly serious. They pose little bit health risks and are completely painless. About 33.3% of men are expected to develop some form of PPP in their lifetime. It is also sometime related to sexual activity or personal hygiene.

Many men tend to mistake this skin ailment for a sexually transmitted disease. PPP is not contagious and is painess. Pearly penile papules are often mistaken for symptoms of a sexually transmitted infection, such as genital warts. However, genital warts are typically larger, are shaped more like cauliflowers, and can develop in areas other than the penis, such as the scrotum or anus.

Causes of Pearly Penile Papules

Doctors do not know what causes pearly penile papules. They are considered a normal occurrence, and between 8 and 43 percent of men have them. They are not a sexually transmitted infection. Unlike sexually transmitted infections, they are not caused by disease and are not contagious. They are also not considered much harmful.

Although the cause of pearly penile papules is unknown, they appear to be more common in black men or black penis and those who have not been circumcised.

Through our research, we have found that most of the Asian countries men are facing this problem in their life. Due to shyness, most of the men could not express their problem to their parents or doctors. Some of the causes of Pearly Penile Papules are given below:

- Uncircumcised penis causes Pearly Penile Papules
- The black person or those people who have black penis create this health issues.
- The person which personal hygiene is not good during the opening period of foreskin causes Pearly Penile Papules.
- The person who over masturbate during their adolescent period causes this health issues.
- Keeping genital areas dirty and untidy is also the main causes of having Pearly Penile Papules.
- Not cleaning under the foreskin by pulling the foreskin back can causes Pearly Penile Papules.

Symptoms of Pearly Penile Papules

Pearly Penile Papules is completely painless and many men do not know that they are suffering from this problem. Once a man has developed pearly penile papules, they typically remain for life. The growths can fade with age, but they do not tend to change shape, color, or spread further over time.

Given the similarity in their appearance to some other conditions, such as genital warts, any men that experience other symptoms alongside the growths should seek medical attention. Other conditions that resemble pearly penile papules include:

- Genital Warts
- Fordyce spots
- Molluscum Contagiousum

Some of the symptoms of Pearly Penile Papules are given below:

- Growth of Pearly Penile Papules in glan skin sometime creates itching in penis.
- Recent research found that Pearly Penile Papules decrease the size of penis according to the age of person.
- It create penis rapidly flaccid during sexual intercourse.
- It change the shape and size of penis.
- It also create bad smell or odour of penis.
- Create sometime completely impotence in men.
- Appears small spots that are either the color of the skin or white inside the foreskin or around the penis.

Treatment for Pearly Penile Papules

Pearly penile papules can be prevented and do not require any specific medical treatment for complete removal.

However, the presence of pearly penile papules may be psychologically distressing. When this is the case, it is possible for people to have them removed through one of the following methods:

- Cryosurgery: Uses extreme temperatures to freeze and destroy targeted areas of tissue. It is often used as a method of removing harmful tumors, but it may also be used to remove more benign growths, such as pearly penile papules.

- Laser surgery: This method uses infrared rays to cause heat damage and destroy skin cells. It is used to remove growths and smooth the skin.

- Radiosurgery: Radiation damages skin cells. It can be targeted to areas affected by pearly penile papules, causing them to fade.

All of these methods are generally considered safe, but it is important for people considering them to fully understand the implications of each specific type of surgery. Each procedure may carry specific risks.

Over-the-counter medications, such as genital wart creams, should be avoided as they may not be appropriate and can cause skin irritation and scarring.